

# Maryland Emergency Preparedness Network (EPN) Spring 2024 Newsletter



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*In this issue, you will find...*



A note from our Program Administrator, event announcements, preparedness resources on our radar, state preparedness news, and an interview with an incredible community partner, Maryland Access Point (MAP)!

**Connect with us here:**



## *A note from the Program Administrator:*

*"If you look the right way, you can see that the whole world is a garden."*

*- Frances Hodgson Burnett*

In the words of Frances Hodgson Burnett's beloved novel 'The Secret Garden,' Love's transformative power and the resilience of the human spirit are celebrated. This sentiment, which beautifully captures the power of perspective, reminds us that our outlook shapes the potential we see in all we encounter.

As Spring blossoms around us, I reflect on this season of growth and renewal, drawing parallels to the journey of the EPN. Like tending to a garden, we've diligently nurtured what thrives in our network while making space for new growth. Our focus has been reimagining what the network could become within and beyond its existing structures.

Looking ahead, our aim is clear: to develop and provide innovative, accessible, and sustainable emergency preparedness resources, education, and training curated for our network of home and community-based healthcare providers, patients, and caregivers from their insight. We are committed to creating tools that transcend one-time use, fostering a continual learning and improvement culture for all.

Through effective and streamlined communication channels, we will empower our network to collaboratively address challenges, promote preparedness in the homecare environment, and foster a sense of connectedness within the community.



At the heart of resilience lies the strength of relationships. By building a supportive network among our members and forging connections with valuable community partners, our efforts aim to enhance individual and community preparedness, fostering resilience in emergencies.

This can only be made possible with YOUR voice because a community striving towards a goal thrives together. I look forward to strengthening our connection in the coming seasons.

Here is to planting new seeds, watering what we want to grow, and celebrating our shared bloom!

*Kendal Lee*

# Upcoming Programming:

## April

We partnered with Project Hope to offer a **two-part workshop series** on “**Mental Health & Resilience for Healthcare Workers.**”

This interactive event is designed to empower healthcare workers with the knowledge and skills necessary to effectively manage stress, enhance resilience, and support mental well-being both at the individual and organizational levels.

### Save the Dates for:

- Session 1 - Thursday, April 11th, from 11:00 AM to 12:40 PM
- Session 2 - Thursday, April 18th, from 11:00 - 12:40 PM

## May

Join MNCHA at their Annual Conference: “Execute and Elevate: Putting Efficiency and Effectiveness in Action.”

This invaluable educational and networking event for homecare professionals offers tangible strategies to boost productivity, elevate your grasp of industry trends, and enrich your career growth.

**Save the Date for,** Tuesday, May 14th, 2024!

## June

Join us for our **Annual Tabletop** (TTX) event, **themed** on “**Flood Preparedness,**” hosted by Michael Brown, MS, RN, president and CEO of MB Healthcare Consulting.

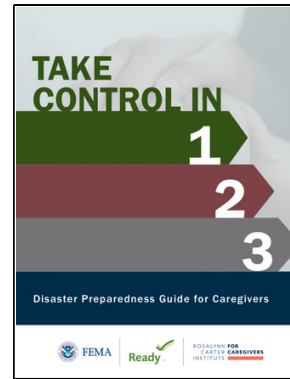
This year's TTX event is designed for managers or supervisors overseeing emergency response procedures for organizations or home care teams. Its purpose is to facilitate reviewing and revising emergency preparedness protocols to ensure effectiveness and compliance. **As a bonus,** all participants will receive an “**after-action report**” for the exercise that satisfies their federal requirements.

**Save the Date for,** Thursday, June 13th, 2024!

# Resources On Our Radar

FEMA partnered with the Roslyn Carter Institute for Caregivers to create this “Disaster Preparedness Guide for Caregivers” to empower caregivers to prepare for, respond to, and recover from disasters confidently.

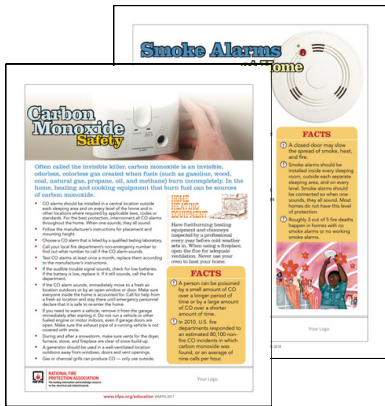
- [Disaster Preparedness Guide for Caregivers](#)



*Spring forward safely!* As we change our clocks forward, we are invited to test and change the batteries in our smoke alarms and carbon monoxide detectors. These small devices have a big impact because they provide early warning signs in emergencies.

Download the Factsheets below for more safety tips!

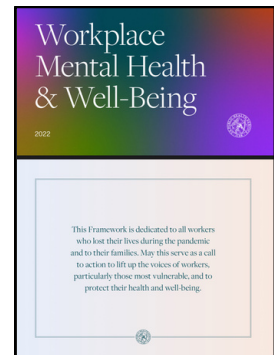
- [Smoke Alarm Safety Factsheet](#)
- [Carbon Monoxide Factsheet](#)



The U.S. Surgeon General has deemed “workplace well-being” as a public health priority.

Download these supportive mental health resources below:

- [Workplace Mental Health and Wellbeing Framework](#)
- [Workplace Mental Health Resources](#)



Prevent poisonings this Spring season with these informative resources from the Maryland Poison Center’s (MPC) :

- [Spring Safety Factsheet](#)
- [Poison Safety for Caregivers of Adults and Older Adults](#)



# MEET A COMMUNITY PARTNER:



MARYLAND ACCESS POINT  
YOUR LINK TO HEALTH & SUPPORT SERVICES

**MAP IS YOUR LINK TO THE COMMUNITY SUPPORTS AND SERVICES...**

**MAP is the entry point for** obtaining information, referrals, and options for counseling for older adults, adults with disabilities, their families, caregivers, and professionals.

The **EPN** sat down with the **Maryland Access Point (MAP)**.

We discussed their mission, the variety of resources and services they offer the community, and MORE!

To access the full interview click:

[\*\*HERE\*\*](#)

## CONNECT:



Call 1-844-MAP-LINK  
(1-844-627-5465)  
Or dial 211 and ask  
for MAP.



- [marylandaccsesspoint.211md.org](http://marylandaccsesspoint.211md.org)



- [LinkedIn](#)



- [Instagram](#)



- [Facebook](#)



- [YouTube](#)

## DISCLAIMER STATEMENT:

All information contained in this document is intended for educational purposes only.

The information presented here is not intended to be used for medical advice, diagnosis, or treatment. If you have any questions or concerns about your health, please contact your doctor, healthcare provider, local urgent care, and emergency services.

We do not guarantee the accuracy of any information provided on this document. The use of this document is at your own risk.

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- Graphic Design Tool : Canva